

**JC2 Assignment for ICP Portfolio**

**Maximum word count for the assignment is 700 words (including template). Anything more than 10% over will not be marked**

**Marks out of 22.**

Base this assignment on **THREE DIFFERENT PATIENTS** that you encountered during EPC in JC2. You cannot use these three patients for the other assignments

Use this template to submit your work and fill in the grey area to answer question below.

**PATIENT A**

**Fill in the following patient information:**

Type of information	Provide patient information in the spaces below
Initials of first and last name	A J
Session you met in (GP visit, HCS, Expert)	2 hrs
Age	10
Nationality	Irish
Gender	female
Area where they live	Tullamore
Main chronic illness	epilepsy
Duration of main chronic illness	8 years

**Describe 3 impacts of chronic illness on the patient’s daily life and 1 impact of chronic illness on the daily life of the family.** For each impact, provide a solution that a healthcare team member can provide to alleviate the impact.

1	Patient Impact	<i>In terms of learning and academic achievements, the child exhibits less concentration poor memory. She has delayed speech, attention and concentration is quite poor plus experiences seizures.</i>
	Solution	<i>Learning can be made to utilize repetitive techniques to alleviate learning difficulties.</i>
2	Patient impact	<i>The effects of the medications used to treat and manage epilepsy have acute side effects on the patient such as nausea, headaches, and emotional imbalance.(1)</i>
	Solution	<i>Counselling as time goes by is highly effective while care based on evidence should be provided.</i>

3	Patient impact	<i>The seizures experienced by the patient are disorienting and causes the patient to trance and can cause feelings of deject, outbursts, anger.</i>
	Solution	<i>The patient should be well taken care of in times of seizures and possibly wake up to loved one after seizures.</i>
4	<u>Family</u> impact	<i>Daily routines of parents are interrupted as they often have to get her from school when seizures are extreme. The cost implication of managing the condition Is high</i>
	Solution	<i>The parents can employ a care giver to take care of the child when at work.</i>

**PATIENT B**

**Fill in the following patient information:**

Type of information	Provide patient information in the spaces below
Initials of first and last name	<i>P H</i>
Session you met in (GP visit, HCS, Expert)	<i>1 hour</i>
Age	<i>56</i>
Nationality	<i>Irish</i>
Gender	<i>male</i>
Area where they live	<i>Dublin</i>
Main chronic illness	<i>depression</i>
Duration of main chronic illness	<i>10 years</i>

**Describe a social determinant of health for this patient.**

Resource(s) that impacts the patient's health	<i>The resources that patients suffering from depression can use include group sessions, and counselling towards managing depression.(1) The patient may also seek financial support for medication and therapy</i>
Describe the access or availability of this resource	<i>Group sessions are offered via a counsellor who is recommended by the patient's doctor. The patient's care giver can provide financial support for medication and therapy.</i>

Describe <b>how</b> access (or lack of access) impacts the patient's health	<i>The access of these resources helps the patient manage their depression, plus support from family and care givers is a great motivator towards healing. Lack of financial and moral support from family and loved ones may lead to poorer health.</i>
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**PATIENT C**

**Fill in the following patient information:**

Type of information	Provide patient information in the spaces below
Initials of first and last name	<i>D M</i>
Session you met in (GP visit, HCS, Expert)	<i>3 days</i>
Age	<i>67</i>
Nationality	<i>Irish</i>
Gender	<i>male</i>
Area where they live	<i>Mullingar</i>
Main chronic illness	<i>cancer</i>
Duration of main chronic illness	<i>5 years</i>

**Describe a cultural determinant of health for this patient.**

Cultural group(s) that influences the patient's health	<i>Religion, economic status, environment</i>
Describe an attitude, belief or value related to this cultural group	<i>Attitudes that are inclined towards roles of gender, concepts health, decisions of life, health, illness, and general worldview.</i>
Describe <b>how</b> this attitude, belief or value impacts the patient's health	<i>Beliefs related to religion and decisions of life enable the patients to come to terms with end of life care and needs. (1) The economic status of patient will enable them to access better facilities for their illness hence promoting health.</i>

**Reference list**

Coleman K, Austin BT, Brach C, Wagner EH. Evidence on the chronic care model in the new millennium. Health affairs. 2009 Jan 1;28(1):75-85.

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